


# SEPTEMBER 2010

**\*Menu subject to change based on product availability\***

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pancakes, Sausage Links, Hash brown Sticks, Scrambled Eggs	2 All-Beef Hotdog w/Bun, Chili, Curly Fries, Carrot Sticks W/ Ranch Dressing	3 Chicken & Cheese Nachos, Kernel Corn, Mexican Rice, Churro
6 <b>LABOR DAY HOLIDAY</b> 	7 Chicken Nuggets, Mashed Potatoes, Green Beans, Caesar Salad, Cookie	8 Spaghetti & Meatballs, Steamed Broccoli, Garlic Roll	9 Lean Beef Tacos (soft or hard shell), Spanish Rice, Corn on the Cob	10 Popcorn Shrimp, Carrot Coins, Buttery Rice, Brownie
13 Barbecue Chicken on Bun, Baked Potato Half, Broccoli w/Cheese, Brownie	14 Mini Cheese Sliders, French Fries, Corn on the Cob	15 Waffle Sticks, Cheesy Scrambled Eggs, Ham Slice	16 Bowtie Pasta w/Green Peas, Breaded Cheese Sticks w/Dipping Sauce, Italian Salad	17 Cheese Pizza, Green Beans, Chicken & Rice Soup, Cake
20	21	22	23	24
<b>SCHOOL HOLIDAYS – SCHOOL CLOSED</b>				
27 Baked Cheese Ravioli, Steamed Broccoli, Caesar Salad, Garlic Roll	28 Chicken Sandwich, Green Beans, Waffle Fries, Brownie	29 French Toast Sticks, Cheesy Eggs, Bacon	30 Roast Turkey Breast, Mashed Potatoes, Gravy, Peas & Carrots, Breadstick	

## ALWAYS AVAILABLE DAILY

- ❖ 2% Milk, 1% Chocolate Milk, Apple Juice, Orange Juice, Cranberry Juice
- ❖ Super Salad Bar: salad mixes, fresh spinach, variety of toppings, crackers, and salad dressings
- ❖ Assorted seasonal fresh fruits
- ❖ Deli Delights: Lean sliced deli meats; yellow and white cheeses, whole-wheat bagels, sliced bread, and hoagies. Uncrustable Peanut Butter/Jelly sandwiches also available.
- ❖ Fruit cups, gelatin treats, and yogurts